YOUTH MATCH

Ages 7-18

Youth are referred by their Mental Health Professional to be matched with an adult role model in a trusted friendship if and when a volunteer becomes available.



Tweens & Teens V J Lockport Wednesdays 2:30-6:30pm



Free, Safe, Fun Space to spend time with friends & make friends. Hang out, play video games, board games, watch movies, read, do homework, have snacks, etc.

Community Outings Days at the Park Bowling, Skating, Ice Cream, Etc.

PAM

PHYSICAL, ART, MUSIC Ages 12-18 Lockport 2nd Friday of Month 5-7pm

Physical: Jan. April, July, Oct.
Fun in the gym, play or watch & cheer
Art: Feb. May, Aug. Nov.
All levels of creativity for art activities

Music: March, June, Sept. Dec.

OPEN MIC- perform- jam, sing, rap, etc.

or come listen hoot and holler



FIND THE BEST WAY FOR YOU TO VOLUNTEER WITH GOMPEER NIAGARA...

VOLUNTEER 1:1

CARPOOL TO EVENTS

SHARE A TALENT

COMPLETE AN

APPLICATION

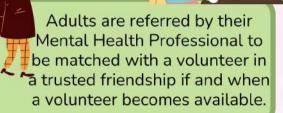
ON OUR WEBSITE

WWW-MHANG-COM



ADULT MATCH

Ages 18 and older



GROUP ACTIVITES

Ages 18 and older

Compeer Niagara offers monthly small group activities that take place in Lockport and Niagara Falls. Members spend time socializing, playing games, crafting, etc.



Ages 18 and older

MONTHLY EVENTS

Compeer Niagara offers monthly large group outings that take place throughout Niagara County. Events vary in day, time, location, and type of activity. Such as, bowling, festivals, tourist attractions, private events, etc.

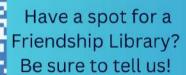


Friendship LIBRARY



Friendship Libraries can be found at: 418 3rd St. NF 36 Pine St. Lkpt 315 East Ave. Lkpt

Enjoy books & pass them along. The QR Sticker in each book allows fellow readers to learn about Compeer Niagara!



Have extra books?
Please donate!



Are you part of an organization or group that should learn about Compeer Niagara?

Have us come present!

Compeer Niagara
is a program of the
Mental Health Association
in Niagara County.
Everyone needs social
connection to live.

YOU can GET help & BE the help in the fight against loneliness.

Become a Member

Become a Volunteer

Be a Referral Source

Contact Us:

Mental Health Association in

Niagara County

36 Pine Street

Lockport, NY 14094

(716) 433-3780

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January 2025



Mental Wellness Starts With Friendship

