



The Mental Health Association in Niagara County, Inc.
Pamela Szalay, Director Community Education and Referral
433-3780, ext. 312
pszalay@mhanc.com

For immediate news release

2/14/13

MHA IN NIAGARA COUNTY TO HOST ANTI-BULLYING BOWL-A-THON

The Board of Directors of the Mental Health Association in Niagara County, Inc. (MHA) is pleased to present the second annual Anti-Bullying Bowl-a-Thon, in collaboration with Brad Angelo Lanes. This exciting event is for all ages and will take place at Brad Angelo Lanes, 6280 South Transit Road, Lockport, on Saturday, April 26, from 1 to 4 p.m.

There will be basket raffles as well as prizes for the highest cumulative score and the team that best represents the anti-bullying theme. The price is \$25 per person, or \$100 for a 4-person team. The price includes shoe rental, two games, food & soft drink.

Following last year's successful event, the theme once again is "Step up so others don't get stepped on!" This is also the title of an article written by Board Member Doug Luke (<http://mhaniagara.wordpress.com/2013/03/28/step-up-so-others-dont-get-stepped-on/>) which provides information on how to recognize and prevent bullying. Bullying prevention and awareness is the goal of the event, since bullying continues to be a challenge for our youth here in Niagara County and beyond.

Bullying is just one of the many mental wellness topics addressed by the programs and services of the MHA. The agency regularly offers free educational presentations and materials to the public. To request materials or a free presentation, contact the MHA at (716)433-3780 or visit our website at www.mhanc.com.

To sign up for the Bowl-a-Thon, please contact the Mental Health Association at 433-3780. You can find the registration form at www.mhanc.com. The form and payment may be brought in or mailed to MHA, 36 Pine Street, Lockport, NY 14094. Deadline is April 1.

The Mental Health Association in Niagara County, Inc. is funded by the New York State Office of Mental Health, the Niagara County Department of Mental Health, the United Way of Greater Niagara, the United Way of the Tonawandas, grants, memberships and voluntary contributions.

###